



1. Bert Cooper Trail – 9.5 miles of paved trail around Oklahoma City's best sailing lake. See sailboats, Lake Hefner Golf Course, Stars and Stripes Park, Lions' Children's Park, OKC Yacht Club and numerous East Wharf restaurants. There are fishing docks, boat ramps, picnic areas, and a remote-control aircraft field. Toilets and water fountains are available along the trail. Connects to North Grand Boulevard Trail and Hefner-Overholser Trail.

2. Hefner-Overholser Trail – Most of trail is dedicated trail space, with approximately 2 miles of on-street biking trail. Trail extends along west side of Wiley Post Airport. Total length: 5.7 miles. Connects Bert Cooper Trail and Lake Overholser Trail. Visit also the Stichcomb Wildlife Refuge.

3. Overholser Trail – Runs about 2.5 miles along east side of Lake Overholser. See the OKC Riversport Adventure area with water activities, rentals and a café as well as fishing docks. Connects to Hefner-Overholser Trail at 39th St. Expressway and to the West River Trailhead at NW 10th St.

4. Will Rogers Trail – This trail runs for 8 miles and the north trailhead is at the southside of Lake Hefner and the south trailhead is where Meridian Ave. and the Oklahoma River meet. There are shelters, bike racks and the trail is asphalt with a concrete traffic barrier. Be sure to visit Will Rogers Park.

5. West River Trail – Connects to Oklahoma River Trails to the east and Overholser Trail to the north, for 7.7 miles. Visit Crystal Lake (left) along the trail. Enjoy landscaping along the way.

6. North & South River Trails – These 2 popular trails run along both sides of the Oklahoma River next to Downtown OKC. Spectacular views of downtown, the OKC Boathouse District and River Rapids Area and parks dot both sides of the river. Easy access and parking are found along both trails (14 miles). Connects to West River Trail (west) and Eagle Lake Trail (east).

Note: #7 on reverse side

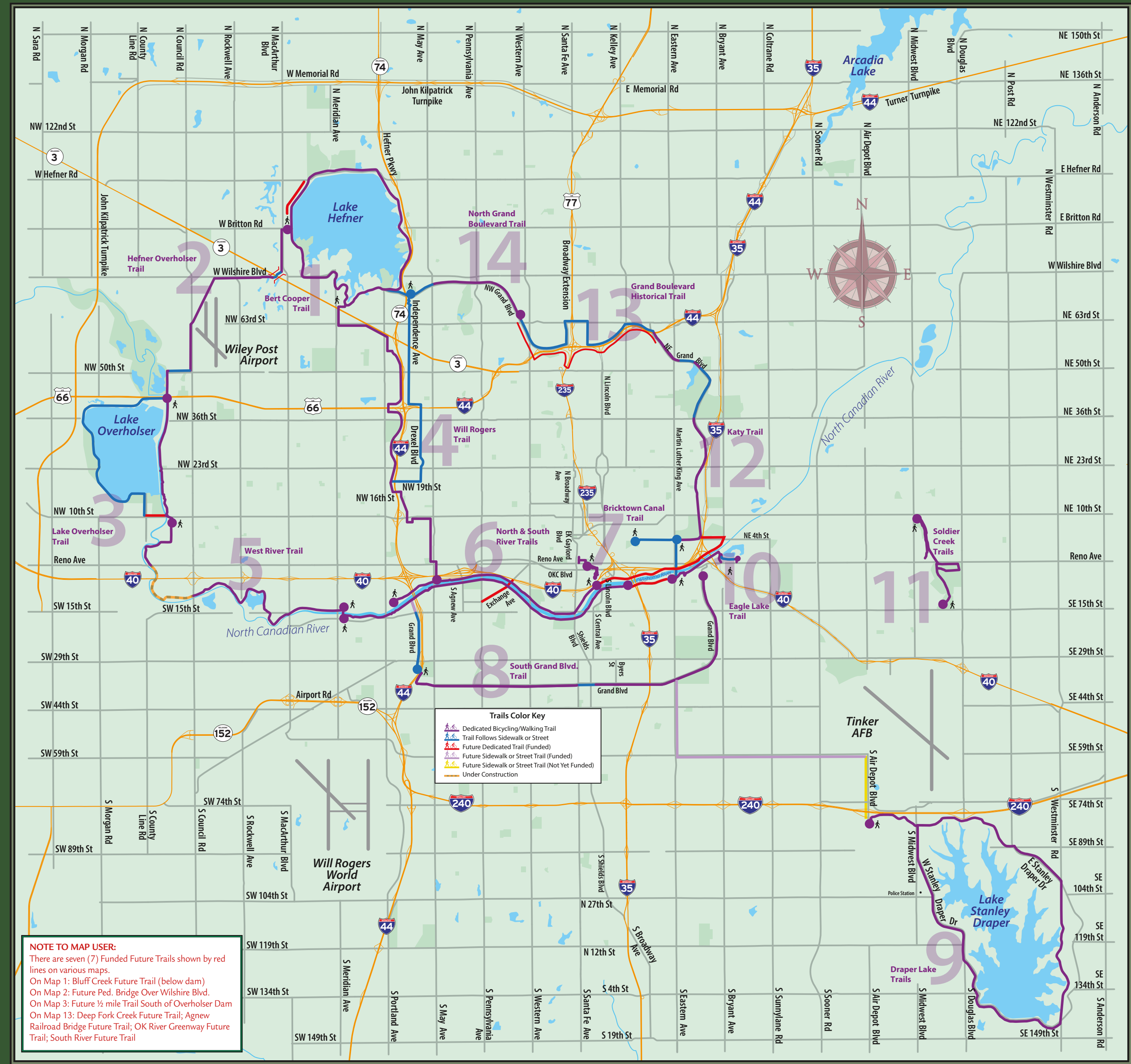
8. South Grand Boulevard Trail – Runs east from Woodson Park and continues east on SW Grand Blvd. For several miles, goes over I-35 then turns north into Trosper Park at SE 29th. It heads north to trailhead near East Reno Blvd. Length is 7.4 miles. On the trail you may see Trosper Park & Golf Course, Whisenhunt Sports Complex and Woodson Park.

9. Stanley Draper Lake Trail – Stanley Draper Lake Trail – Beginning at a trailhead just south of I-240 on Midwest Blvd., this paved trail goes for approx. 7 miles around the lake (7 additional miles under construction). There are mountain bike riding areas as well. You may see the boat marina with rentals on the west side of the lake and numerous areas to park.

10. Eagle Lake Trail – OKC's newest trail – 2 miles long, connecting the South River Trail on the west to trailheads on East Reno Ave. Parking on the east end exists now. FUTURE Eagle Lake to Draper Lake Trails: E. on Reno to Sunnylane, S. on Sunnylane to 15th, E. on 15th to Sooner, S. to 59th, E. to Air Depot, S. on Air Depot past I-240 to Trailhead, E. to Draper Lake Trail.

11. Soldier Creek Trail (Midwest City) – Soldier Creek Trail (Midwest City) – 6 trails can be found in Soldier Creek Park, all total about 5 miles of connecting trails. You may see a Pecan Grove, Joe B. Barnes Park, tennis complex, soccer complex, John Conrad Golf Course, baseball fields, Lost Lakes Water Park, and Veterans Memorial.

Oklahoma City Trails Map



Oklahoma City Trails Map 2nd Edition

2nd Edition The Greater Oklahoma City Parks & Trails Foundation



For more information visit us at www.okcparksandtrails.org.
Mission: The Greater Oklahoma City Parks and Trails Foundation is a 501 (c) (3) organization dedicated to being a leading advocate for parks, trails and public spaces in Central Oklahoma. The foundation works with donors, community organizations and government agencies to enhance our parks, trails and public spaces through advocacy, education, programming and grant-making opportunities.
The Foundation wishes to thank the following for helping us make this map possible:

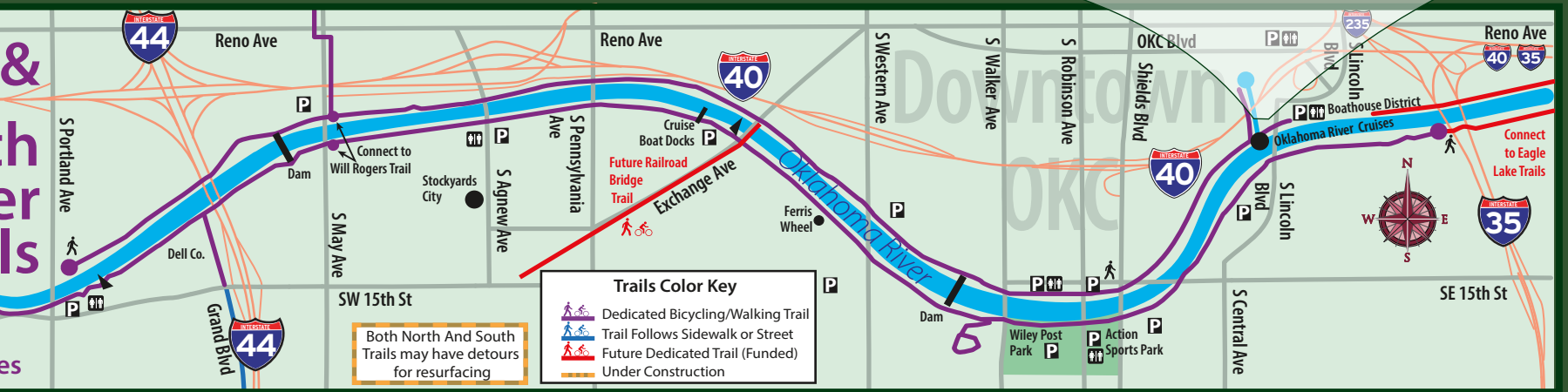
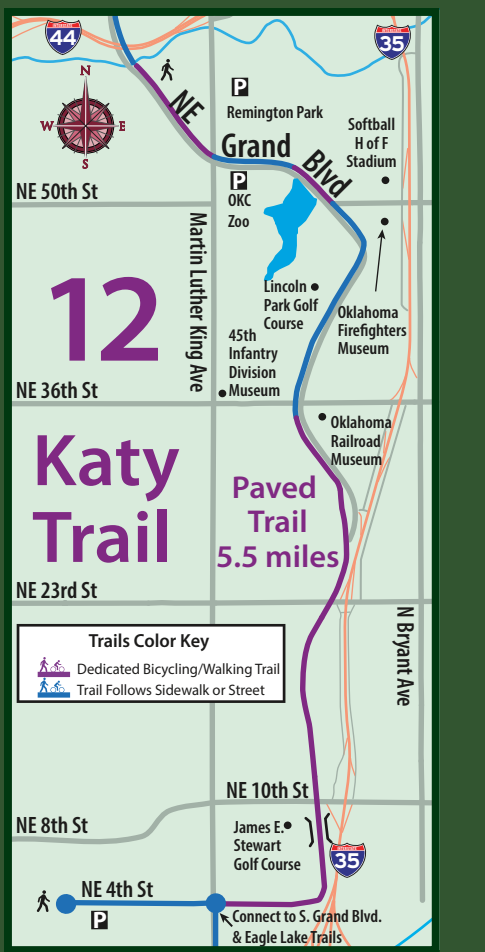
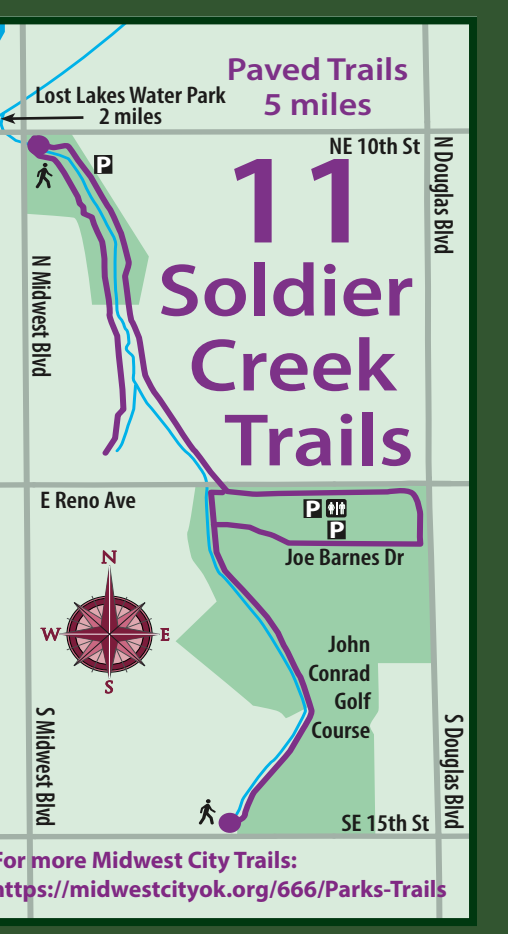
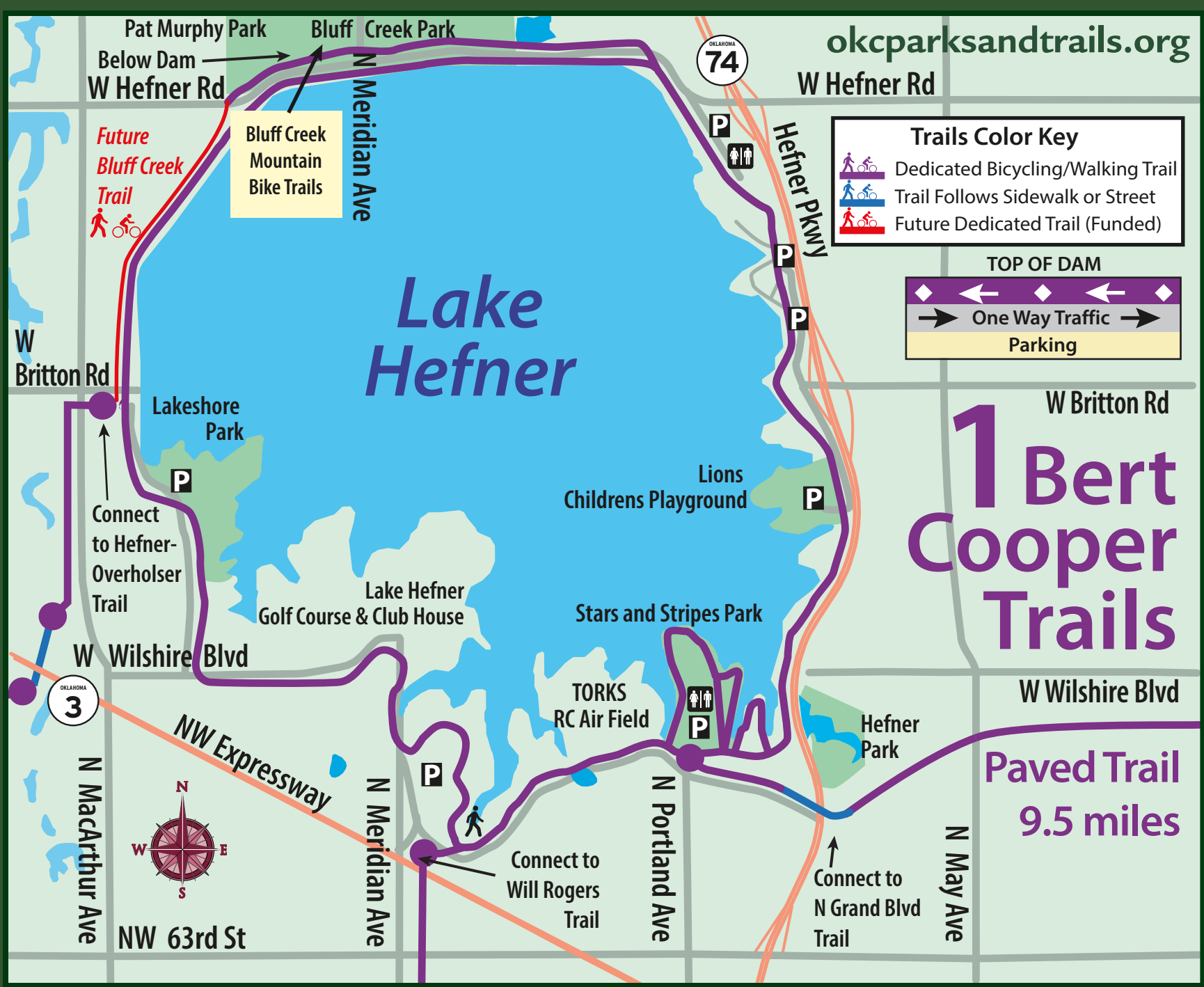


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LEGEND

- Walking/Bicycling Trail
- Trail follows Street or Sidewalk
- Future Dedicated Trail
- Future Sidewalk or Street Trail (Funded)
- Future Sidewalk or Street Trail (Not Funded)
- Under Construction
- Trailhead
- City Parks
- Parking
- Restrooms
- Boat Ramp

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Maps & Brochure by Map Ink (405) 831-3858



12. Katy Trail – Runs from Washington Park (400 North High Ave.) to NE Grand Blvd. (then NE 50th St. and the OKC Adventure District – parallels the old Katy Railway – 5.5 miles. You may see Washington Park, Douglass Park & Rec Center, James Stewart Golf Course, Lincoln Park Golf Course, OK State Firefighters Museum, OKC Zoo, Nat'l Softball Hall of Fame, Remington Park Horse Racing & Casino and the Oklahoma Railroad Museum.



13. Grand Boulevard Historic Trail – This 35-mile long designated trail is for driving, biking and selected areas for walking (see #8 & #14). It circles OKC. Along the trail, see the International Softball Hall of Fame Stadium, along with many other Oklahoma City attractions.



14. North Grand Boulevard Trail – 2.5 mile-paved trail from Lake Hefner to Sherwood Lane in Nichols Hills. Walk the trail past beautiful old and new homes on both sides of Grand Boulevard.

More Trails:
 Edmond (maps located on edmondok.com/337/Parks-Recreation then click on City Parks):
 1) **Bickham Rudkin Park Trail** – Located on the south side of East 33rd Street just east of Boulevard Avenue.
 2) **Hafer Park Trail** – Located on Bryant Avenue between 9th Street and 15th Street.
 3) **Arcadia Lake Trail** – Located north of 15th Street on Midwest Blvd., about 2 miles east of I-35 – 15th Street Exit.
 Norman:
 1) **Legacy Trail** – normanok.gov/parks/legacy-trail-park
 Midwest City:
<https://midwestcityok.org/666/Parks-Trails>